



CLINIC NEWSLETTER

How are we doing?

We want your feedback! Help us provide better service for you and your patients by taking our survey:



surveymonkey.com/r/2025VTVQ3



Lorraine M. Provencher, MD
Omaha, NE



Summer 2025

The Three-Legged Stool

At Vance Thompson Vision, our approach to patient care is grounded in the stability and balance of our Three-Legged Stool. Each leg represents a core principle that ensures we deliver exceptional care and guides every decision we make as a practice.

Invest in the World’s Most Advanced Technology

Investing in Vision: Why We Embrace an Interventional Glaucoma Mindset

We’re committed to staying ahead of glaucoma—not just managing it. That’s why our teams take an interventional approach, using innovative treatments earlier to help protect your vision before damage occurs. One of the newest tools is Direct Selective Laser Trabeculoplasty (DSLT)—a quick, gentle, non-contact laser that can reduce eye pressure, often without the need for drops. Together with advanced imaging and MIGS, DSLT helps us personalize care and intervene when it matters most. Because glaucoma may be lifelong—but vision loss doesn’t have to be.

-Vance Thompson Vision, Alexandria, MN

Do the Right Thing

One of the most powerful ways we live out Do the Right Thing is through the continuum of care—recognizing that every patient’s journey is shaped by many hands and hearts. Recently, a patient preparing for surgery asked if Jen, who had built trust with her through the scheduling process, could come upstairs and hold her hand in the OR. She didn’t need help with paperwork—she just needed someone she trusted to be by her side. Jen did what she always does: comforted, encouraged, and stayed present. The next day, the patient shared that everything Jen had promised—comfort, care, and compassion—was absolutely true.

-Vance Thompson Vision, Billings, MT

Patient Experience

Excellent personal and professional service. Dr. Risbrudt focused the consultation on my surgery on my life activities and values. His explanation of the vision and eye test results, cataract surgery options, and benefits of each to meet my vision wishes and goals was very thorough while remaining easily understandable. I felt very satisfied and at-ease with the entire experience. Incredible office facility in West Fargo, where cleanliness and professional appearance along with competence of staff only reinforced my trust in the Vance Thompson Vision team with my eye surgery.

- Robert W., Google Review



Scan to see all upcoming events on the OD Portal

Save the Date

Join us for our upcoming educational events, designed to keep you at the forefront of eye care. These expert-led sessions cover the latest research, innovations in LASIK, advancements in cataract surgery, and more. Mark your calendars and don’t miss these enriching professional development opportunities.

Montana Symposium
September 5, 2025

Tailgate at MSU Bobcat Game
September 6, 2025

Education with a View South Sioux City
September 25, 2025

Fargo Symposium
September 26, 2025

Omaha Symposium
October 24, 2025



Clinic Corner

Managing Glaucoma: Therapy Outside of the Patient’s Hands

by Kristen Walton, OD

Interventional glaucoma is a new treatment algorithm on how to manage patients. Yes, all treatment options are interventional, but some have been proven to be more effective for the patient long-term: both in compliance and ocular health.

Traditionally, topical medication is the first line therapy after a glaucoma diagnosis. Drops are thought to be convenient and simple for the patient. However, instillation alone is not as easy as it seems. Patients with comorbidities that limit mobility and dexterity struggle to remain compliant.

The mode of practice is moving towards a more proactive methodology: considering procedures, surgery, or a combination to manage IOP as the first line option. Topical therapy is recommended to bridge the gap between these treatments. Thanks to the LiGHT trial, selective laser trabeculoplasty (SLT) should be front-of-mind when starting patients on treatment, either for ocular hypertension (OHT) or glaucoma. Data over six years demonstrates effective IOP-lowering and better disease control than initial drop therapy.



Scan to read the full article

Article Review

Laser in Glaucoma and Ocular Hypertension (LiGHT) Trial

Reviewed by John Berdahl, MD

The LiGHT trial is investigating a next-generation, minimally invasive glaucoma treatment designed to provide sustained intraocular pressure (IOP) reduction with fewer complications than traditional surgical approaches. This study is particularly focused on laser-based therapy as an alternative to eye drops and more invasive procedures like trabeculectomy or shunts. By improving the safety profile and long-term effectiveness of glaucoma management, the trial aims to expand treatment options for patients with open-angle glaucoma. Initial data suggests that the procedure may offer a durable and repeatable solution with a strong safety profile. If the results hold, this could shift the standard of care toward earlier, less invasive interventions for glaucoma patients.



Scan to read the full article

New Clinical Tips Now Available on Our Doctor Portal!

We’re excited to introduce a new resource on our doctor portal: a collection of quick, insightful clinical tips from our doctors. These short videos are designed to enhance your pre- and post-operative patient care strategies, providing you with practical guidance you can apply in your practice. Be sure to check back monthly for new videos covering a variety of topics to

help you navigate complex cases, streamline decision-making, and optimize patient outcomes.



Scan to visit the OD Portal



Caroline Wilson, MD

Cedar Rapids, IA

Dr. Caroline Wilson brings a wealth of knowledge in corneal, cataract, glaucoma, and refractive care to Vance Thompson Vision Cedar Rapids. She loves combining advanced technology and great patient care to provide life-changing vision outcomes with one of the best teams on Earth.

Dr. Wilson’s journey with Vance Thompson Vision began as a surgical fellow in 2021-2022, when she trained alongside our surgeons in Sioux Falls. Since then, she has proudly served Cedar Rapids and the surrounding communities.

A lifelong learner, she listens to a steady rotation of audiobooks. This love for learning is evident in her work. Currently, she’s most excited about the way advancements in corneal endothelial cell injections will expand the benefits of corneal transplantation to a wider population.

Caroline lives in North Liberty, IA with her husband, Tony, their two sons, Alexander and Oliver, and their golden retriever, Ava. Outside of the clinic, she seeks out opportunities to hike, travel, garden, and cook.



Kayla Karpuk, OD

Sioux Falls, SD

Dr. Karpuk always knew she wanted to pursue a medical career. Optometry gave her the opportunity to connect with her patients and participate in constant advancements in vision technology and patient care.

Today, she’s excited about the way clinical research powers the journey from a promising idea to a sight-saving reality. From artificial intelligence to gene therapy, these advancements represent a fundamental shift in how we understand, manage, and even prevent vision loss.

Dr. Karpuk loves being outdoors, whether enjoying a book on the patio or visiting with friends and family. She and her husband, Dr. Tanner Ferguson, enjoy spending time with their daughter, Penny, doting on their dog, Kramer, and trying new recipes.

Vance Thompson Vision Bozeman Temporarily Moves to Ortho Montana

2825 W Main St, Suite 2-C | Bozeman, MT

While the address is changing, our commitment to advanced technology, personalized care, and an exceptional patient experience remains exactly the same. Our phone (406-219-0700) and fax (406-624-6560) numbers remain unchanged, and we’ll be proactively communicating with all scheduled patients to ensure a smooth transition and continued care you can count on.

Any Questions? Reach out to Susan at susan.degroot@vancethompsonvision.com



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