

# Light Adjustable Lens (LAL) Post-Operative Appointments

With Light Adjustable Lens, the medical and refractive post-operative aftercare periods run concurrently

## Medical Global period for aftercare – Days 1-90

Medical visits are submitted to patient's insurance.

## Refractive / Elective global aftercare – Days 1-180

Aftercare fees payable to whomever performs the extended aftercare to determine the need for refractive fine tunes and the associated fine tune post-operative care.

## Why it's important

**Distance VA:** It is important to know the refractive outcome following advanced cataract surgery.

**IOP:** To monitor the patient IOP during the recovery period.

**Erythropsia:** This is a temporary color vision distortion in which an abnormal red/pinkish hue is perceived. This is a transient phenomenon and should improve with time.

**Near VA:** It is important to know how the patient is functioning at near so we can adjust the treatment to their visual goals.

**UV Glasses:** Two pairs of UV protective eyewear will be provided to you, a clear pair and a dark tinted pair. Both pairs are equally effective at blocking UV and can be used based on what you feel safest in. They only need to be worn outside and not needed while indoors. The UV protective eyewear must be worn while outside until your doctor tells you that you no longer need to wear them (usually 24 hours after final light treatment).

**Precision Refraction:** A precision refraction is similar to a manifest refraction but pushes the patient past 20/20 if possible.

We are committed to getting patients to their refractive goals. In the event you find residual refractive error during the refractive post-op visit, it usually is not necessary to prescribe new glasses to the patient, as we will be doing a laser fine-tune to correct this as part of the patient's refractive package.

### 1 Day Post-Op

- Distance VA
- IOP Check
- Slit Lamp Exam

### 1 Week Post-Op

- Distance VA
- IOP Check
- Slit Lamp Exam

Days 1 – 90: Medical Aftercare

Days 1 – 90: LAL Refractive Aftercare

### 1 Day LAL Post-Op

- UV Glasses Compliance Check

### 1 Week LAL Post-Op

- UV Glasses Compliance Check
- Precision Refraction

### Light Treatments

- Up to 3 separate treatments

### Light Treatment Lock-In

- Up to 2 lock-ins

Days 91-180: Extended Refractive Aftercare

### Post-Op Refractive Appointment

### Laser Fine Tune

- (if needed)

### Post-Op Visits Associated with Laser Fine Tune

- (if needed)



# Advanced Cataract Surgery Post-Operative Appointments

	Appointments	Tests to Perform	Why it's Important
<b>First 90 Days of Aftercare</b> Visits are submitted to patient's insurance.	<b>Post-Op Day 1*</b>	Distance VA IOP Slit Lamp Exam	<p><b>Distance VA:</b> It is important to know the refractive outcome following advanced cataract surgery.</p> <p><b>IOP:</b> To monitor the patient IOP during the recovery period.</p> <p><b>Near VA:</b> It is important to evaluate near vision in patients implanted with an advanced technology implant such as a trifocal IOL.</p> <p><b>Manifest Refraction:</b> Helpful in understanding the stability of the refractive outcome in the event a laser fine-tune is needed.</p> <p>We are committed to getting patients to their refractive goals. Prior to the TAVA, there may be residual refractive error. If so, it is not necessary to prescribe new glasses to the patient as we will be doing a laser fine-tune to correct this.</p>
	<b>Post-Op Week 1*</b>	VA (Distance, Near) IOP Slit Lamp Manifest Refraction	
	<b>Post-Op Month 1*</b>	VA (Distance, Near) IOP Slit Lamp Manifest Refraction	
<b>Premium Second 90 Days of Aftercare</b> (Days 91-180) Visits are paid for out of the extended aftercare fees.	<b>Tele Advanced Visual Analysis (TAVA)</b>	Phone call with a Vance Thompson Vision OD or MD	<p>During the post-op refractive appointment, we will be looking for any residual refractive error, posterior capsular opacification (PCO), dry eye, or any other factor that could be impacting the refractive outcome. If a YAG capsulotomy or laser fine-tune is indicated, the procedure will be scheduled along with necessary post-op appointments.</p> <p><b>Dilated Exam:</b> At the post-op refractive appointment, we will be looking for any PCO that can decrease the quality of the distance and near vision, as well as the health of the retina.</p> <p><b>Light Adjustable Lens Post-Op:</b> Please reference the Light Adjustable Lens guide for specific post-op considerations associated with that lens.</p>
	<b>Post-Op Refractive Appointment*</b>	VA (Distance, Near) IOP Slit Lamp Manifest Refraction	
	<b>Laser Fine Tune (if needed)</b>		
	<b>Laser Post-Ops* (if Laser Fine Tune was performed)</b>	Follows LASIK or PRK aftercare	

\* - Appointment scheduled at the office providing the aftercare

**Please fax MRx to Vance Thompson Vision**

**Sioux Falls:** (605) 371-7035 | **Fargo:** (701) 639-7199 | **Bozeman:** (406) 624-6560 | **Omaha:** (402) 401-6420

**Alexandria:** (320) 762-8898 | **Billings:** (406) 294-1996 | **South Sioux City:** (531) 625-3940 | **Cedar Rapids:** (319) 362-0655