

Vance Thompson Vision
2600 Jefferson St.
Alexandria, MN 56308



INSIGHTS

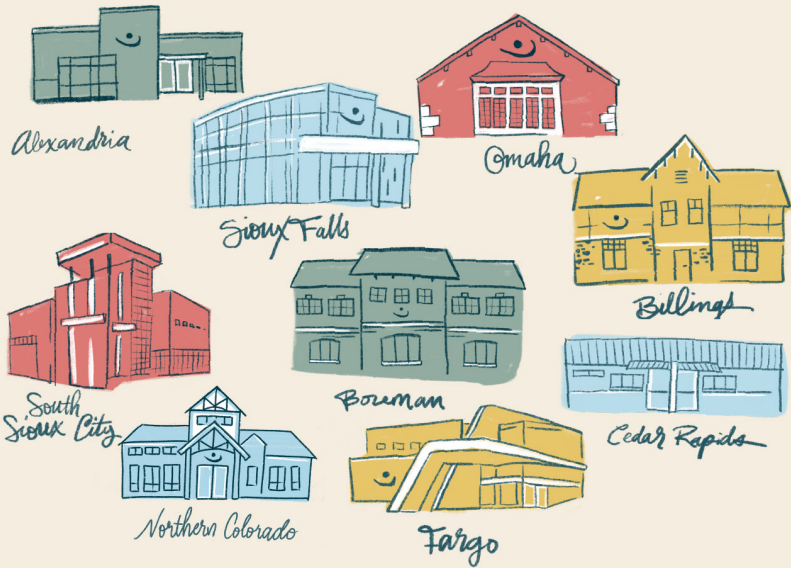
PATIENT NEWSLETTER

Let's Connect

Listen to the **Clear Answers About Clear Vision** podcast wherever get your podcasts!

Our goal is to empower you with the knowledge to make informed eye care decisions. From refractive surgery to myopia control, we're here to guide you—one episode at a time.

Follow us on social media



Spring 2025



Why Vance Thompson Vision?

LASIK surgery might feel unknown, but knowing you have a high quality provider doesn't have to be with our Keys to Quality LASIK Surgery Checklist.

Want to make sure your surgery center delivers quality care and results?

Scan the QR code to access our Keys to Quality LASIK Checklist.



Share the Gift of Clear Vision

Tell Your Friends & Family About RLE

Written By Vance Thompson

You already know how life-changing clear vision can be. But have you noticed friends or family members struggling to read menus, text messages, or price tags? If they're constantly reaching for reading glasses or frustrated with bifocals, they may not realize there's a better solution. Refractive Lens Exchange (RLE) is a long-term fix that replaces the eye's aging lens with an advanced artificial lens, restoring vision at all distances—often eliminating the need for glasses permanently.

Many people assume they just have to "deal with" vision changes as they age, but that's not the case. RLE is similar to cataract surgery but is performed earlier, before cataracts

develop, allowing people to enjoy crisp, clear vision for years to come. If you've experienced the benefits of advanced eye care, why not share this life-changing information with the people you care about?

Here are a few simple ways to start the conversation:

"I used to struggle with my near vision too, but did you know there's a procedure that can help?"

"You don't have to wait for cataracts—there's a way to restore your vision now!"

If someone you love is frustrated with their vision, encourage them to explore their options. Their eyes deserve the best!



Vance Thompson MD, John Berdahl MD, Michael Greenwood MD, Russell Swan MD, Brandon Baartman MD, Deborah Gess Ristvedt DO, Daniel Terveen MD, Spenser Morton MD



Cullen Ryburn MD, Brent Kramer MD, Tanner Ferguson MD, Zachary Keenum MD, Jed Assam MD, Lorraine Provencher MD, Caroline Wilson MD, Richard Stangler MD



Doug Wallin OD, Keith Rasmussen OD, Justin Schweitzer OD, Jason Schmit OD, Mitch Ibach OD, Mathew Walker OD, Nick Risburdt OD, John Goertz OD



Ceara Steiner OD, Larae Zimprich OD, Travis Whitt OD, Brooke Messer OD, Kristen Walton OD, Seth Stofferahn OD, Kayla Karpuk OD, Kelly Sieps OD



Kristin Mohr OD, Lawrence Nguyen OD, Alecia Diede OD

Our Doctors

Your vision is too important to leave to chance. Our board-certified, Fellowship-trained doctors are here to provide clear answers about your vision and provide world-class care.

Paying for LASIK

LASIK is an investment that pays off in many ways. At Vance Thompson Vision, we walk you through opportunities for laser vision correction to be the best investment you make. One payment option is to take advantage of your tax-free flexible savings account (FSA) or health savings account (HSA). Both funds are built on pre-tax dollars, saving you money right away. Now is the time to start planning to take advantage of tax benefits. With additional no-interest financing options, provided through CareCredit, you might find that LASIK is more affordable than you think. Schedule your complimentary LASIK screening. We will meet with you to talk about your vision AND your budget.



Scan to Apply for CareCredit

What will vision be like after surgery?

DISTANCE

WORTH SEEING CLEARLY
VANCE THOMPSON VISION

INTERMEDIATE

NEAR

- Monofocal

Glasses should be expected for reading, computer, and even distance for best vision.
- TORIC

Improves distance vision. Glasses needed for intermediate and near vision.
- Light Adjustable Lens

Great range of vision, glasses may be needed for some near activities.
- Extended Depth of Focus (EDOF)

Great range of vision, glasses may be needed for some near activities.
- Trifocal

Offers most range of vision and most spectacle independence.



Help your family and friends learn about the options available to them in cataract surgery. Scan the QR Code to Learn More.